

Living With and Beyond Cancer

We're supporting older people to live well after cancer diagnosis with a package of support, advice and services.

Cost: Free

Available in: Darlington,

At a glance:

- Working with local GP's, surgeries and care providers to produce a package of support for older people experiencing cancer.
- Producing a support and care plan to assist you moving forward
- Providing a range of support services, from advice around benefits and housing to attending activities and support groups.
- Ensuring older people who experience cancer have access to a range of Health and Wellbeing activities

About the Living With and Beyond Cancer Service

Due to significant improvement in cancer survival rates over the last 15 years there are currently 2.5 million people living with cancer in the UK. More than half of people receiving a cancer diagnosis will now live ten years or more and need to live well.

The Living With and Beyond Cancer Project is a national transformation programme which aims to improve patient experience by introducing 'The Recovery Package', a combination of different interventions which when implemented can improve outcomes and co-ordination of care.

As a delivery partner of this project, Age UK North Yorkshire & Darlington can provide a range of support services to older people who have been diagnosed or are recovering from cancer in Darlington. We use a holistic approach, ensuring that from your initial needs assessment we'll provide a range of options to help you to live well, including:

- Information & Advice regarding financial, legal, health and lifestyle issues
- Access to specialist support groups, including a Living Well with Cancer group (please contact us on 01325 362832 for details)
- Access to Health and Wellbeing activities including Ukulele, Zumba and Art groups.
- Options to attend community lunch clubs to enjoy nutritious meals and make new friends
- Referrals to other specialist support organisations where required.

Getting Involved as a Volunteer

We're recruiting volunteers to help deliver this essential service across Darlington, with full training and support provided to carry out this role effectively.

By becoming a Living With and Beyond Cancer Volunteer, you'll have an opportunity to gain valuable skills and experience in supporting older people living with cancer diagnosis.

If you'd like to learn more about the role, please [click here to learn more](#) and apply online, or call us on 01325 362832.

Receiving Support from the Service

If you or a family member has had a recent diagnosis of cancer or is living with cancer, we can help you.

We're working closely with GP surgeries in Darlington to provide a comprehensive support package that can help you with a range of services. Please ask your GP about the Age UK North Yorkshire & Darlington 'Living With and Beyond Cancer' Service, or contact us directly using the details below.

We will arrange an assessment of your needs, and the variety of ways both our organisation and service partners can help. This includes making a visit in hospital, primary care or community settings.

Living With and Beyond Cancer Location & Contacts

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\$page->title Contact Details:

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{ \$team->team_name }
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This service operates from:

Bradbury House

Age UK Darlington,
Bradbury House,
Beaumont Street West,
Darlington
DL1 5SX

01325 362832

Monday to Friday: 8:30AM - 4PM
Saturdays: 10AM - 2PM
Sundays: 12PM - 2.30PM